

**FLAG 2 GC**  
FLAUSTAFF TO THE  
GRAND CANYON  
BIKE RIDE



**2024**

**RIDER GUIDE**



# EVENT SCHEDULE

## FRIDAY, AUGUST 2, 2024

4:00 – 8:00 PM RIDER CHECK-IN at START CAMP

7:00 PM – Kid's story time with local author Adam Porter

## SATURDAY, AUGUST 3, 2024

6:00 - 6:45 AM Rider Check-In at START CAMP

6:00 - 6:45 AM Load rider gear into gear truck

6:45 AM Mandatory Rider Meeting

7:00 AM Ride Start

11:00 AM Rider cut-off for SAG #1\*

12:00 PM Raffle & Merchandise Tent Opens

12:00 PM Saltfire Brewing Beer Tent Opens

12:00 PM - 3:00 PM Kids activities at Raffle Tent

2:00 PM Rider cut-off for SAG #2\*

3:30 PM Kids Piñata Time

4:00 PM Rider Cut-off for SAG #3\*

4:15 PM Adult Piñata Time

5:00 PM COURSE CLOSED - Last riders in

5:00 PM Rider Awards

5:00 - 6:30 PM Dinner

5:30 PM Raffle Closes

5:30 PM Beer Tent Empty!

5:30 - 7:30 PM Awards & Raffles

\*Riders not reaching SAGs by the cut-off times will be picked up and driven to the finish. Please be courteous to our SAG crew if they ask to give you a ride to the finish. This is for your safety and so our volunteers can finish out their long day safely and in time to enjoy festivities.

## SUNDAY, AUGUST 4, 2024

6:30 - 8:00 AM Load your gear/bike into the Uhaul gear trucks

7:00 AM Breakfast

8:30 AM Bus to Start Camp Arrives

8:45 AM Bus to Start Camp Departs





# COURSE MAPS AND INFO

## FOLLOW THE COURSE MARKINGS



## FOLLOW THE ROUTE FROM YOUR PHONE

Before you arrive, download the Trailforks app from Google Marketplace or Apple Store. Be sure to download Arizona maps. To find the course map, select "ROUTES" and search for FLAG2GC 2024. You can turn off your cellular service during the ride to save your battery, and still follow the map as long as you have your GPS turned on. Pro Tip: Turn on Airplane Mode to save your battery.

## START CAMP DIRECTIONS

From Flagstaff Route 66:

- Head North on N Humphreys St for 0.6 mi
- Turn left onto US-180 W/N Fort Valley Rd
- Continue to follow US-180 W/N Fort Valley Rd 8 mi
- Turn left onto Forest Service Rd 222
- Follow FLAG2GC Signs, Start Camp will be on your left

## END CAMP DIRECTIONS

From Flagstaff, drive NW on HWY 180 to HWY 64.

- Turn right (N) on HWY 64
- Go approximately 22 miles N to Forest Service Road (FSR) 302. FSR 302 is on the right/East side of HWY 64 North of Grand Canyon Airport and located immediately as you exit the first round-about that you encounter. There will be a FLAG2GC sign posted there.
- Turn right/East on FSR 302 for approximately 9 miles to a fork with FSR 301 A
- Stay to the right to take FSR 301A approximately 1 – 1.5 miles to the FLAG2GC Finish Area

## AID STATION LOCATIONS

- SAG 1**  
mile 24
- Intersection of Forest Service Roads 523 & 416**
- Support provided by Marine League Charities, Absolute Bicycles, and Tremonti Cycling and Adventures. Snacks, water hydration, medical support, bike wash, and mechanical support.
- SAG 2**  
mile 44
- Babbitt Ranch - Intersection of Forest Service Roads 417 and 9008A**
- Support provided by FLAG2GC volunteers and Absolute Bicycles. PB&J sandwiches, snacks, hydration, medical, and mechanical support.
- Intersection of Forest Service Roads 301 and 320**
- SAG 3**  
mile 58
- Support provided by FLAG2GC SAG 3 Motley Crew and Verde Valley Bicycle Company. Beverages, hydration, snacks, medical support, and mechanical support.

## COURSE LINKS

\*Be sure to download the most current map!

### TRAILFORKS



- ▶ [2024 FLAG2GC](#)
- ▶ [2024 FLAG2GC Singletrack Bypass \(class 1 e-bikes/gravel\)](#)
- ▶ [DUO - RIDER 1](#)
- ▶ [DUO - RIDER 2](#)

### GPX FILES

- ▶ [2024 FLAG2GC](#)
- ▶ [2024 FLAG2GC Singletrack Bypass \(class 1 e-bikes/gravel\)](#)
- ▶ [DUO](#)

### GOOGLE

[Google Map](#)



# WEATHER EMERGENCIES - BE PREPARED

## RAIN & LIGHTENING STORMS

Monsoon rain showers frequently build up in the afternoon. Plan to bring a rain jacket. Closer to Flagstaff, the rains typically start between 12 PM and 1 PM.

## WHAT TO DO IN A LIGHTNING STORM

If possible, get into a vehicle and wait it out, otherwise, do your best to not be the tallest object in the area. If you are with a group of people, spread out.

## RIDE CANCELLATION

In the case of a severe storm, we may need to cancel the ride and shuttle riders off the course. Take your vehicle keys with you on the ride in case you are returned to the start for safety reasons.

## HOW TO GET HELP

### MEDICAL EMERGENCY

If you or another rider have a serious medical emergency, text or call 480-818-6574 with the location of the rider (GPS or miles into the ride). CAMRA medical staff will respond to the rider's location to treat the rider, ham radio personnel and the AZ Xterra Club will assist with communication and transporting the rider off course.

### WHAT HAPPENS IF YOU CAN'T FINISH THE RIDE?

If you tucker out or have an unrepairable mechanical before SAG 1, the AZ Xterra Club Sag crew will sweep you up and transport you to SAG 1 where Tremonti Cycling & Adventures will transport you and your bike to the finish.

If you are dropping out and need a ride OR you have a minor injury but DO NOT want to be transported to a medical facility, give your ride number and name to another rider and have them report your location to a member of the MCECG Ham Radio Club.

If you need to quit after SAG 1, our roving sweeper will pick you up for a ride to the finish. Kick-back and enjoy the ride! We'll still have plenty of beer and treats for you at the finish. **Please be patient when waiting for a sweep, 65 miles is lot to cover, so it might take a while for someone to reach you.**

### MEDICAL STAFF (CAMRA) / HAM RADIO (MCECG) LOCATIONS:

180 Crossing, SAG 1, SAG 2, SAG 3, and Finish. Additional support will be staggered throughout the route.

### HOW TO FIND YOUR GPS COORDINATES:

#### iPhone

1. Make sure that Location Services is ON. Navigate to Settings > Location Services ON
2. In the list of apps under Location Services, make sure Compass is ON
3. Press the Home button to exit settings
4. Open the Compass App
5. Your current GPS coordinates are displayed at the bottom of the screen

#### Android

1. Make sure that your GPS is turned on
2. Open Google Maps on your Android phone
3. Tap the crosshair icon (or my location button) so that the blue dot moves to your location
4. Tap and hold the blue dot
5. Note the GPS coordinates of your location which will display in your search bar at the top of the screen

**FOR GENERAL HELP, CONTACT: SHANNON LINDNER – 561-251-4186**

# VENUE/PARKING/CAMPING

## PARKING / CAMPING

We have plenty of parking and camping at Start and End Camps. RVs, tents, trailers - All are welcome. You must camp within 50 ft of the Forest Roads. You may leave your vehicle at Start Camp Saturday night (at your own risk) if you are taking the shuttle back Sunday.

## TREMONTI CYCLING & ADVENTURES

Want to camp but don't have the gear or or just want to treat yourself for the weekend? Book full service with Tremonti Cycling and Adventures! Contact Steve and Cheryl Tremonti at (480) 225-0919 or [tremonicyclingadventures@gmail.com](mailto:tremonicyclingadventures@gmail.com). Best part? Their donating a portion of all fees back to MLC!

## YOUR CAMPING GEAR

If you put your gear in the rental truck Saturday morning, it will be at the finish for you. When you get to End Camp, grab your gear & a beverage, get a shower, and get set up! Sunday morning, we'll transport your gear and your bike back to Start Camp.

## CHECK-IN AT EVERY SAG STOP!

Be sure to check-in at each SAG stop. This is a requirement, so that we don't unnecessarily call your emergency contact when you're not actually missing. Your safety is our first priority, so you MUST CHECK-IN! If you DROP, you must tell a course official (ham radio/xterra group/sag stop).

## E-BIKES

Class 1 E-bikes only. No throttles! CHARGE YOUR BATTERY and manage it appropriately!

## RAFFLE AND MERCHANDISE TENTS

If you raised \$\$ before the ride or have donations to turn in, be sure to make your way to the raffle tent to redeem your tickets and enter the raffle. Don't forget to bring CASH/CHECK/CARD to load up on more raffle tickets and purchase FLAG2GC merchandise.

## SALT FIRE HAPPY HOUR

Once you arrive at End Camp, check-in at the Saltfire Brewing tent to get your reusable custom FLAG2GC souvenir cup. You'll want it for beverages throughout the weekend. Don't forget your ID if you intend to drink any beer. There will also be snacks available upon arrival until dinner, catered by the Swiss Grill, is ready.

## MASSAGE

Table massages will be available at End Camp starting at \$20 per 15 minutes.

## MEALS

Family and friends are welcome to join for food and beverage Saturday, and breakfast on Sunday for \$40, or \$15 if under the age of 18. The ADULT guest pass includes beer AND a FLAG2GC beer cup. If you haven't already purchased a guest pass, you can purchase one at the raffle/merchandise tent.

## CAMPFIRES

Campfires are PROHIBITED due to Coconino and Kaibab National Forests' fire restrictions.



## **DOGS**

Dogs are welcome but **MUST** be on a leash at all times. Please be courteous to others and bring poo bags to clean-up after them. Dogs are **NOT** allowed near our common eating areas.

## **WATER**

Drinking water will be available but there is no potable water source onsite for use while camping. Come prepared.

## **SHOWERS**

Showers will be operational from 1:00 - 5:00 pm. If you finish after the 5pm, you must beg for the mercy of the shower girls.

## **WASTE REDUCTION**

Our goal is to reduce the amount of landfill waste and minimize our impact on the environment. We encourage everyone to bring reusable items whenever possible. We encourage the **LEAVE NO TRACE** principles so please pack up your trash around your campsite before you leave. Pack it in, pack it out!

Please place any recyclables in the available recycle bins.

# **WHY WE DO THIS**

All proceeds from this event goes to Marine League Charities (MLC) of Northern Arizona. Through this event, our riders, sponsors, and guests bring joy and hope to thousands of youth through MLC funded programs: Toys for Tots, Flagstaff Youth Program, and the Coconino Community College Scholarship Endowment. This ride would not be possible without the donations from **ALL** of our sponsors and the funds **YOU** raise! **THANK YOU!**



# THANK YOU TO OUR SPONSORS

SLC, UT



# SALTFIRE

BREWING CO



Team

# Charity Case

[www.teamcharitycase.com](http://www.teamcharitycase.com)



# PIVOT

CYCLES

# SRAM

# HEAVYPEDAL



FLAGSTAFF • SEDONA  
[WWW.ABSOLUTEBIKES.NET](http://WWW.ABSOLUTEBIKES.NET)



FORT TUTHILL COUNTY PARK



THE VELO  
BIKE SHOP  
PHX, AZ



LOVE, *Tito's*



ESI grips



*Tremonti*  
Cycling & Adventures

